

# FRUITA MIDDLE SCHOOL ATHLETICS

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## WELCOME TO 7<sup>TH</sup> GRADE TRACK!

**PRACTICE BEGINS ON MONDAY MARCH 26 FROM 2:50-4:30 PM AT FRUITA 8/9 SCHOOL**

- PLEASE CHECK THE FMS WEBSITE UNDER ATHLETICS FOR INFORMATION REGARDING TRACK.
- IN ORDER TO PRACTICE, PLAYERS MUST TURN-IN **BOTH** AN ATHLETIC CLEARANCE FORM & A SIGNED STUDENT-ATHLETE CONTRACT.
- COST TO PARTICIPATE IS \$70. THIS MONEY SUPPORTS FRUITA MIDDLE SCHOOL ATHLETIC FOR BUSES & EQUIPMENT. FEE MUST BE PAID PRIOR TO RECEIVING A JERSEY AND FIRST MEET ON TUESDAY, APRIL 11. WE ARE LOOKING AT SELLING TEAM T-SHIRTS THAT ARE A LIGHTER WEIGHT THAT ATHLETES WILL KEEP.
- PLAYERS MUST ATTEND PRACTICE 5 TIMES PRIOR TO PARTICIPATING IN FIRST TRACK MEET.
- IF YOU ARE IN ANOTHER SPORT, IT WILL BE BENEFICIAL FOR YOU TO PRACTICE WITH US AS MUCH AS POSSIBLE.
- IF YOU MISS A PRACTICE YOU **MUST** HAVE A WRITTEN EXCUSE
- PLAYERS MUST PRACTICE THE DAY PRIOR TO A MEET TO PARTICIPATE. NO EXCEPTIONS.
- IF YOU ARE TARDY AFTER SCHOOL YOU WILL MISS THE BUS TO FRUITA 8/9 AND MISS PRACTICE.
- **PARENTS, PLEASE MAKE ARRANGEMENTS TO HAVE YOUR CHILD PICKED UP WITHIN 10 MINUTES AFTER PRACTICE ENDS AT FRUITA 8/9. ATHLETES THAT WALK WILL BE EXPECTED TO LEAVE AT END OF PRACTICE.** WE CANNOT LEAVE YOUR CHILD UNATTENDED.
- THERE WILL BE NO RETURN BUS FROM STOCKER STADIUM AFTER TRACK MEETS. ATHLETES MAY LEAVE WITH THEIR PARENTS OR THEY CAN LEAVE WITH OTHERS AS LONG AS WE HAVE WRITTEN PERMISSION FROM THE PARENTS. PARENTS WILL BE REQUIRED TO SIGN THEIR CHILD OUT SO WE AREN'T LOOKING FOR THEM. **STUDENTS WHO DO NOT SIGN OUT WILL NOT BE ALLOWED TO PARTICIPATE IN THE NEXT MEET. NO EXCEPTIONS.**
- STUDENTS INVOLVED IN ANY IN-SCHOOL OR OUT-OF-SCHOOL SUSPENSIONS WILL BE INELIGIBLE TO PARTICIPATE IN THE NEXT TRACK MEET. PLEASE SEE *FMS ELIGIBILITY POLICY* FOR ADDITIONAL INFORMATION.
- DETENTIONS CAN RESULT IN FURTHER PUNITIVE ACTION.
- REMEMBER FMS **P.R.I.D.E.**: POSITIVE - RESPECTFUL - INTEGRITY - DISCIPLINED - EFFORT

*Any Questions?*

*Please email Coach Daniels or Coach Carroll:*

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